**Where can I go if I am Homeless in Bedford Borough?**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday  | Tuesday | Wednesday | Thursday  | Friday  | Saturday | Sunday |
|  | **Smart CJS Prebend Centre, 12 Prebend Street Bedford MK40 1QW** |
| Open | 9am to 2pm | 9am to 2pm | 9am to 2pm | 9am to 2pm | 9am to 2pm | Closed | Closed |
| Food Parcels, lunch, shoers, toilets, post services, support. | Lunch 12pm to 2pm | Lunch 12pm to 2pm | Lunch 12pm to 2pm | Lunch 12pm to 2pm | Lunch 12pm to 2pm  |  |  |
|  | **Salvation Army Bedford Congress Hall, Commercial Road MK40 1QS**  |
|  |  |  | 1pm - 2pm Open House free packed lunch |  | 1pm - 3pm Food Bank operate from our main church building  |  | 4pm to 5pm Salvation Army Meeting and Meal - for the homeless - Second Sunday of every month. |
|  | **Transfiguration Church Bedford Road Kempston** |
|  |  | Mickey’s Café 12 to 2pm free food and company |  | Café to connect 12 to 2pm free food and company |  |  |  |
|  | **Friday Night Meeting Tavistock Community Centre  Princes St, Bedford MK40 2SX** |
|  |  |  |  |  | 7.30pm to 9.30pm Free Hot Meal |  |  |
|  | **Crescent Care Foundation Church Square, Bedford (aka Pigeon Square), MK40 1LJ** |
|  |  |  |  |  |  |  | Free hot food Between 6.30 – 7pm every 3rd Sunday of the month |
|  | Monday  | Tuesday | Wednesday | Thursday  | Friday  | Saturday | Sunday |
|  | **SOS Saturday Outreach The end of De Parys Avenue (by the old taxi rank, near to The Broadway)** |
|  |  |  |  |  |  | Food and drink, toiletries and clothes 6.30pm to 8.30pm  |  |
|  | **Dine with us on the Streets Bromham Rd, Bedford MK40 2QG** |
|  |  |  |  |  |  | 5pm Free food , drinks, clothes etc |  |
|  | **Wellbeing Project Seventh-Day Adventist Church, 73 Bromham Road , MK40 2AQ  Bedford** |
|  |  | Takeaway hot meal or sit-down option 6pm to 7pm  |  |  |  |  |  |
|  | **Bedford Langar Project Church Square, Bedford (aka Pigeon Square), MK40 1LJ**  |
|  |  |  |  |  |  |  | 1st Sunday of the Month Hot Punjabi style curries with rice, chappattis, salad, cake and custard. |
|  | **Crisis Café Florence Ball House, Kimbolton Road Bedford MK40 2NX** |
| Recovery workers, peer support workers and volunteers trained to offer coping mechanisms and management techniques to help people work through their crisis. | Tea and Coffee 5pm to 11pm | 5pm to 11pm | 5pm to 11pm | 5pm to 11pm | 5pm to 11pm |  |  |
|  | Monday  | Tuesday | Wednesday | Thursday  | Friday  | Saturday | Sunday |
|  | **IMPAKT Priory Methodist Church Newnham Avenue Bedford MK41 9QJ** |
| Food bank |  |  |  |  | 10am to 3pm |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **Kings Arms Project – Outreach Worker Noah Johnson 07734 957928 noah.johnson@kingsarmsproject.org** |
|  |  |  |  |  |  |  |  |
|  | **Bedford Food Bank 01234 268569****info@bedford.foodbank.org.uk** |
|  | **Emmaus Village Carlton Housing and work** |
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